WHAT IS CLAIMED IS:

1. A crutch support system comprising:

A pair of crutches, each crutch including a pair of support shafts, each support shaft including a plurality of hand grip adjustment holes;

A seat support pin received in hand grip adjustment holes in each support shaft pair; and

A seat releasably connected to the seat support pins.

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- 2. The crutch support system of claim 1 wherein each crutch includes a kickstand attached to a base portion of the crutch.
- 3. The crutch support system of claim 2 wherein the kickstand15 includes two collapsible support members.
 - 4. The crutch support system of claim 1 wherein the seat attaches to the support pins with support clips.
- 20 5. The crutch support system of claim 4 wherein the support clips comprise carabineer clips.
 - 6. The crutch support system of claim 1 wherein the seat is flexible.
- The crutch support system of claim 1 wherein the hand grip adjustment holes comprise ratchet teeth.

- 8. A method of forming a crutch support, the method comprising:
 Attaching a seat between a crutch pair;
 Positioning base portions of a crutch pair within a support region
 Deploying kick stands attached to the crutch pair.
 - 9. The method of claim 7 wherein the support region comprises a region outward of a shoulder width of a user.
- 10. The method of claim 7 wherein attaching the seat to the crutch pair comprises clipping a clip member to a support pin spanning hand grip adjustment holes.
- 11. The method of claim 7 wherein deploying the kickstands comprises15 rotating the kick stands from a closed position to an open position.
 - 12. A crutch support system comprising:

A crutch pair;

Means for attaching a seat to the crutch pair; and

A seat attached to the attaching means.

- 13. The system of claim 11 further comprising: kick stand means for providing base support to the crutch pair.
- 25 14. The system of claim 11 wherein the seat is removably attached to the attaching means.
 - 15. The system of claim 11 wherein the attachment means comprise ratchet teeth.

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